



Itinerary: CLNI051216 - Clemson University

Dates: May 12th to May 24th, 2016





Programs: Medical & Veterinary

Country: Nicaragua

Locations: León, Masaya & Diriamba

Team Leader: Amy Garache +505.8455.4095



 Dates	 Activities	 Lodging	 Meals
May 12th Thu.	Arrival Day Welcome to Central America! Vida staff will be waiting for you at the Augusto C. Sandino International Airport. Depending on your arrival time, we will exchange money, have lunch and then meet our new friends. General Orientation We'll go over the itinerary, program guidelines and the code of conduct to ensure a safe enjoyable trip! Welcome Dinner We will savor local cuisine to celebrate our first night in Nicaragua .	Hotel Europeo +505.2268.2130 Managua	B: Volunteer L: Volunteer D: Vida
May 13th Fri.	Orientation & Travel Day 8:00am-3:00pm Orientation Today we will review all the important information we need to serve our communities. The Medical Team will review clinic setup, role of volunteer, role of the interpreter, patient exams, clinical history and common diseases. The Veterinary Team will review clinic setup, basic exam process, instrument identification, surgical procedures, sutures, injections, catheter placement and common diseases. Afternoon We depart for the historical and colonial city of León . Evening Free night!	Hotel Europa +505.2311.0016 León	B: Vida L: Vida D: Volunteer
May 14th Sat.	Clinic Day 1 – León 8:00am-4:00pm Our first opportunity to help make this community a better place! Evening Free night to enjoy.	Hotel Europa León	B: Vida L: Vida D: Volunteer
May 15th Sun.	Clinic Day 2 – León 8:00am-4:00pm Now that we have the protocols down, our work will be easier and even more enjoyable! Case Discussions We'll have the opportunity to present and discuss important cases we have observed in clinic days. Evening Free time to enjoy this beautiful town.	Hotel Europa León	B: Vida L: Vida D: Volunteer
May 16th Mon.	Travel Day Morning We will travel to Masaya , known as the Cradle of Nicaragua Folklore. Afternoon Homestay Arrival Our now internationally renowned families are eagerly awaiting our arrival. Evening Time to practice your Spanish with our Nicaraguan families.	Homestays Emergency contact Amy Garache +505.8455.4095 Masaya	B: Vida L: Volunteer D: Vida
May 17th Tue.	Clinic Day 3 – Masaya 8:00am-4:00pm Another great day to learn while giving. Evening Latin Dance Class Join us for an intro to Latin dance!	Homestays Masaya	B: Vida L: Vida D: Vida

May 18th Wed.	Clinic Day 4 – Masaya 8:00am-4:00pm Volunteering may be one of the most valuable experiences of your life so embrace this adventure. Case Discussions We'll have another opportunity to review important cases we have seen in clinics. Evening Free night!	Homestays Emergency contact Amy Garache +505.8455.4095 Masaya	B: Vida L: Vida D: Vida
May 19th Thu.	Recreation Day Morning We will visit the colonial city of Granada , the oldest standing city in the Americas. Afternoon Masaya Souvenir Market We'll have an opportunity to buy local souvenirs to remember our time in Nicaragua. Evening Homestays Farewell An informal get together to say thank you and goodbye to our families.	Homestays Masaya	B: Vida L: Volunteer D: Vida
May 20th Fri.	Recreation & Travel Day Morning Canopy Mombacho We are going to zip from tree to tree during this adventure! Afternoon We depart for Diriamba , which is the cradle of the "Güegüense", a satirical drama and synthesis of Indigenous and Spanish cultures, considered by UNESCO a masterpiece of the Oral and Intangible Heritage of Humanity. Evening Free time.	Hotel Mi Bohio +505. 2534.3300 Diriamba	B: Vida L: Volunteer D: Volunteer
May 21st Sat.	Clinic Day 5 – Diriamba 8:00am-4:00pm Be the change that you want to see in the world! Evening Free night!	Hotel Mi Bohio Diriamba	B: Vida L: Vida D: Volunteer
May 22nd Sun.	Clinic Day 6 – Diriamba 8:00am-4:00pm The Veterinary Team will be working with Large Animals supporting local farmers by providing basic services to their livestock. Don't forget your boots and gloves! The Medical Team will continue providing health services to the community. Our last day to promote what we know is important while helping others! Be proud of your accomplishments and reflect upon your experiences. Case Discussions This will be our last opportunity to share our interesting cases with the rest of the team. Evening Free night!	Hotel Mi Bohio Diriamba	B: Vida L: Vida D: Volunteer
May 23rd Mon.	Travel Day Morning We're going to visit the Apoyo Lagoon , a beautiful crater lake where we can swim and enjoy the views of the surrounding dry tropical forests Afternoon We will be heading towards Managua . Evening Farewell Dinner A chance to share the highlights of our experience and to hug our new friends goodbye!	Hotel HEX +505.2248.9400 Managua	B: Vida L: Volunteer D: Vida
May 24th Tue.	Departure Day Our adventure together in Central America has come to an end. We hope you will stay in touch with the staff and volunteers with whom you have worked and shared this experience over the last few days, and we hope you will fondly remember the beautiful sights, tastes and sounds of the towns and cities you visited while here. Most importantly, we hope you will remember the people you've helped, their smiles, their handshakes and their hugs. Our staff will be with you until you depart to make sure you arrive safely to the airport. Although you must leave Central America, may this experience stay with you forever. Remember to take \$45 with you to cover departure fees.	Home	B: Vida L: Volunteer D: Volunteer

Notes: Parents and loved ones: Please feel free to reach us outside regular office hours by calling 1-888-365-8432 Ext.5

This itinerary is subject to change anytime due to unforeseen circumstances. Volunteers are asked to be punctual for all activities and meals. We will have lunch at the clinics typically from 12:00pm to 1:00pm. During clinic time, curfew is set at 12:00am, unless otherwise stated by staff. Please remember that volunteers are not allowed to drink the nights before clinics or in homestays. When apart from the group, we ask that volunteers please travel in groups of 3 or more and leave valuables at hotel/home stay. Meals: B=Breakfast, L: Lunch, D= Dinner, Volunteer means that the meal is not included & you pay for your meal separately.